#### CHILD CENTER "UMUT-NADJESCHDA"

# The Nadjeschda 2014 Newsletter



#### Expression of Thanks

Dear Friends! This is Indeed a Special Report We All Celebrate 25 Years Nadjeschda-Thanks to All of You who Loyally Stood By Us

Nadjeschda is the Russian name for HOPE. We are fulfilling the mission for a quarter of a century. Nadjeschda been serving the handicapped population of Kyrgystan and has become a model for country. This precious resource of Hope and Care for our children, teenagers and young adults would not have been possible without you the loyal friends of Nadjeschda.

Our thanks and admiration to you for your help over the years in growing and maintaining the Nadjeschda community is heartfelt and deep.

All of us wish you Peace and Health in the coming Year.

Karla -Maria and Igor Schaelike



1989

#### 25-Year Anniversary

2014





To celebrate this remarkable occasion the Students of Nadjeschda performed the old Kyrgyz Epic THE WEDDING of MANAS. All performers regardless of handicapping conditions expressed the Epic story with great enthusiasm and conviction.

The performance of the Nadjeschda children at the celebration of the 25-year continuous existence of the Nadjeschda drew important guests including leading government officials.

Artistic support for the production came from came from three guests from Germany, Dr. Christoph Stolzenburg, Stefi Fischer, and Angelika Basiner.

The occasion of the 25-year celebration brought together the Founding **Parents of Nadjeschda** who expressed gratitude to Karla-Maria, Igor and all the people from Kyrgyzstan and the entire world who help to create this wonderful school and therapeutic community.

#### Thankswords from the first mothers of Nadjeschda



Бых одрадитванией много со меняций дита устра дита устра образования образования

termin managem engaleptus gloper of the supplemental exames to the supplemental to the

Nadeschda Kudriavtseva, Gulbartschin Takyrbascheva und Tamara Zhumabekova

On behalf of all parents of the first child-

ren Nadjeschda we thank all those who made a happy childhood, and helped

found good opportynity to be needful in

society.

#### In this Newsletter:

- ♦ 25-Year Anniversary Nadjeschda
- Thanksword from the first mothers

Exciting Support and Help for Nadjeschda 2014

- PODERO
- Artistic Training for Nadjeschda Teachers
- ♦ The Best Playgrounds Ever
- ◆ An Exceptional Excursion to Kyrgyzstan
- ♦ Expanded Net
- ◆ Murat Yueruek's Initiative
- ♦ The Influence of Nadjeschda Takes Hold in the Country
- ◆ Funds Secured for the Therapeutic Seminar for 2014 and 2015
- My Year of Participation at Nadjeschda
- ♦ Information

#### Exciting Support and Help for Nadjeschda 2014

#### Training for PODERO Staff by Volunteer Dr. Angelika Gaech



Podero is Nadjeschda newest component. It is an outreach program to assist parents of handicapped children to find resources to assist the development of disabled children.

Podero provides much needed counseling and therapies for the children . We were very glad that as a first counceler for the PODERO-Programm Dr. Angelika Gaech came from Germany.

With the assistance of an interpreter, Dr. Gaech connected with the staff and parents beautifully. She was able to teach strategies and movement exercises to meet the needs of the various children visiting Podero.

All who witnessed Dr. Gaeth, are filled with great gratitude for her valuable contributions.

#### **Artistic Training for Nadjeschda Teachers**

Nadjeschda has been a school and therapeutic community using the arts a one of the healing and teaching modalities. Support for this approach was expertly provided an workshop following the regular Summer Seminar. This summer teaching time is the significant adult education opportunity for Nadjeschda staff and special education teachers throughout central Asia. The Austrian teachers Bianca Haindl and Peter Wegenschimmel taught ceramics, puppet and doll making. With the newly created puppets the group directed a puppet show for the celebration of the children at first day of school after the summer break.. The audience was enthralled and very grateful for the lovely show.



#### The Best Playgrounds Ever

Nadjeschda was seen worthy of the support by the German organization KuKu Kultur. The Kuku mission is to create playgrounds for children with special needs. They are designed to be safe and to bring joy to children with multiple handicaps. The KUKu playgrounds express the designer beliefs that play, sensory stimulation and movement will increase physical and emotional wellbeing and health. Preperations for this project lasted 2 years with many voluntters preparing the part for the playgrounds in Germany.





Die KUKu playgrounds could be both installed in the Children's Center Uemuet-Nadjeschda in Bischkek and at the school campus at the Issyk-Kul Lake. This was possible through the commitment of volunteers from Kyrgyzstan and Germany who worked together for countless hours. The goal is to get the two playgrounds ready for the children at Nadjeschda.

Special thanks goes to Leander Dreissig, Nina Wogurek, Frieder Schimpfendörfer, Constantin Gaß, Sonja Werner, Nurlan Akhmatov. Barbara Lampe, Birgit Lechler and Martha Stirner.

## An Exceptional Excursion to Kyrgyzstan www.radwaerts.com

Having come all the way from Germany per bicycle, Mr. C. Schuebklew arrived at Nadjeschda on September 1. He solicited pledges from friends and a foundation for Nadjeschda before he began his tour to Kyrgyztan. His efforts have not been in vain. Mr. Schuebklew collected the astonishing sum of Euro 3.580.00. He was welcomed at Nadjeschda experienced

the children and teachers in their classes. Mr. Schubklew concluded that the effort was most worthwhile. He expressed pleasure to have been able to support this special community needing ongoing support for their good work. The Nadjeschda community remembers his visit and gift with joy and deep gratitude.



#### Expanded Net - www.umut.kg



Nadjeschda's website in German language is set up and functions well for years. We this ongoing support we thank Wolfgang and Birgit Lechler, Lothar Fritzsche and Wolfgang Otto. Missing till now was web access in Russian. As so often Mrs. Wuerth and Mr. Zipperle noted this lack of preparedness in modern communication of the organization. With their outstanding commitment to enhance the life and visibility of Nadjeschda, they decided to fund the creation of a Russian website of the center through the Wuerth Foundation. We could not be more pleased about this significant tool for communication. The Nadjeschda community is full of gratitude for the ongoing support of the Wuerth Foundation and the start of the long desired web access in the Russian language.

#### Murat Yueruek's Initiative

We have been touched by the kindness of Mr. Yueruek the Consul of Turkey. He has been a frequent visitor at Nadjeschda. Mr. Yueruek noticed the more than simple condition of the dormitory housing our youth. He decided to improve the living conditions for the adolescence. Over time the Consul returned with material and workers repairing, renovating and finally re-furnishing the dormitory. The building now is cozy and well stocked with a new TV, a freezer and comfortable Turkish floor pillows for sitting. The youth group presently prepares a reception for Mr. Yueruek to express their delight and gratitude for all what was done.





#### The Influence of Nadjeschda Takes Hold in the Country

25 years ago, when Nadjeschda began, it was the only setting in the Soviet Kirgiz Republic in which help was given to children and the parents of children with multiple and severe handicapping conditions. Today we find several organizations in support of the handicapped population in Kyrgyzstan founded by some of the founding Nadjeschda parents and our former students. The initiatives are all linked with Nadjeschda. However the multifaceted model of services provided at Nadjeschda remains unique in Kyrgyzstan. We are happy to report on five organizations originated through the Nadjeschda impulse.



#### The Initiation and Expansion of Inclusive Classes in Kyrgyzstan

Since 1991 Nadjeschda followed the call to offer classes for young children for both, neuro -typical children and handicapped children. 1991 was also the year when Nadjeschda was included in the Unesco Associated Schools Project. This inclusive teaching model was successful at Nadjeschda and several other Kindergarten Groups have been founded on similar principals in Bischkek and other locations in Kyrgyzstan.

#### ARDI - The Parent Association of Special Needs Children

Parents in one of the early Nadjeschda Kindergarten classes founded as advocating group ARDI to support the welfare, education the integration of handicapped children in Kyrgyzstan. The chair of the group is Tamara Zhumbabekova. She is the mother of our former student Seinep. Seinep, now a lawyer, advocates for ARDI and its goals to improve life foe the handicapped in Kyrgyzstan.



#### Juventus

Juventus provides care by housing and finding work for a group of Nadjeschda graduates. Both Ira, a former Nadjeschda student and her mother Nadjeschda Simenenko took on responsibility for the foundation of Iventus as Ira and her peers were aging out of the settings Nadjeschda provided. Findings the means to provide comfortable housing and modern workshops,. Subsequently, the entire older Youth Group together with their long time teacher Mrs. Olga Scheidulina left Nadjeschda for the new setting. Juventus stays closely associated with Nadjeschda and continuous many of the traditions practiced at Nadjeschda, such as Morning Circle and the monthly Assemblies.

#### Manas Village

Another direct "Nadjeschda Offspring" Is the Social Village Manas. Out of the Kindergarten Children of 1991 became grade school students in 1993 and they developed into adolescence with new needs for housing and care. Nadjescha created the therapeutic Center Januusc Korczak offering classes and workshops for the older students. For the older students new groups for long-term support needed to be created. Parent initiative was crucial for success. With k

Karla- Maria Schaelikes support parents founded the "Foundation Social Village Manas." Manas was originally housed and administered at the Center Nadjeschda,. However, Manas was able to separate its Foundation from Nadjeschda to support the new setting of Manas fully at a different location and its own administrative structure. The foundations chairs are Brigitte and Laurens Kraemer <a href="www.sozialdorf.org">www.sozialdorf.org</a>

#### Obereg

Lastly we want to mention a wonderful project initiated by former Nadjeschda parent and former Nadjeschda staff, as well as participants of the educational Summer Seminars which Nadjeschda provides on a yearly basis. Inspirited by the working of Nadjeschda the group opened the Center Obereg under the competent guidance of Olga Nikolajewna. This new center operating in the Nadjeschda model, is a living and therapeutic work community for youth with various handicapping conditions. Both staff and students from Nadjeschda made the successful move to the new setting. Obereg staff continues to participate on continuing education seminars provided at Nadjeschda.

### Funds Secured for the Therapeutic Seminar for 2014 and 2015



"There are days when I ask myself, when one individual person contribute to the better of the world. There are also days when I experience how much one person can do. "Pierre Stutz, The Voice of the Heart, Herder Publishing 2008.

The following notice will attest to the truth of the above statement. We had a friend in Norwey. Mrs. Bugjerde. . Her father a minister baptized an infant originating from Kyrgystan shortly before his death. Mrs. Bugjerde was very touched by the Kyrgyz child and reached out to contact Nadjeschda a to be of help to children in its care.

She was a loyal supporter over years till her recent death. A few weeks ago an e-mail from Mrs. Bugjerde's children arrived.

"Dear Mrs. Schaelike, Nadjeschda was very close to the heart of our mother. Children and child welfare was core to her beliefs and actions in life We learnt through our mother of Nadjeschda and a very impressed that you spend your devoted your life to ehlp children in grat need under very difficult circumstances. We are aware that you need means to do this work. Keeping this in mind we decided to donate to Nadjeschda Euro 10.000 from our mother estate, knowing we will find good use for our mother's gift. Cordially, Micheal, Angelika and Bernhard Bugjerde."

The Summer Seminars held each summer when the children are on break constitute the only education to teachers, staff and therapist in Kyrgyztan interested to work with a special needs population. Not only do the participants of the courses come from all of Kyrgyzstan, the also arrive from neighboring countries in central Asia. We have been able to attract very knowledgeable teachers mostly from Western Europe to be speakers with the assistance of translators.

Though many people involved in the seminars are volunteers, the big event still requires funding to take place.

Through the gift from Mrs. Begjerde however, the seminar could be offered again in 2014 and will take place in the summer of 2015.

We are most grateful for this heavenly gift send to us by the Bugjerde family.

#### My Year of Participation at Nadjeschda

#### By Jonathan Winkler Volunteer

I met Karla-Maria Schaelike in my hometown in Germany at a presentation about Nadjeschda. I knew immediately that I wanted to help. The time was right for me to do so. I could postpone university entrance for one year, work with children with great needs, improve my Russian language skills and learn to live in a new culture. The year exceeded my expectations. I got to know and like the people and the land and feel part of the community. Trips and the friendship developed allowed me to get to know Kyrgyzstan. The work at Nadjeschda has been most worthwhile and inspirational. The days with the children have guiding structure and also allow for personal contributions and initiative.

I do not look forward to my departure back to Germany. I will miss the children, my co-workers at Nadjeschda and the country. For this reason I plan a return visit in future as soon as feasible. Jonathan was one of the many remarkable guest and volunteers who visited Nadjeschda this year. We have been blessed with a stream of people willing to be active for Nadjeschda in the past 25 years. This year has been no exception; many friends return multiple times to assist us in various capacities.

I want to visit my lovely kids in Kyrgyzstan soon



#### Our guest this year have been:

- Basiner Angelika
- Baesch Sophia
- Bedareva Nina
- Bhend Michaela
- Feldbausch Brigitte
- Gaech Angelika
- Junger Ole
- Haindl Bianca
- Haluch Veronika
- Löwentraut Jonathan
- Plininger Eduard
- Riedl Laura
- Riedl Claudia
- Seelig Magdalena
- Stolzenburg Christoph
- Subklew Gustav
- Ulrich Johanna
- Wegenschimmel Peter
- Winkler Constanze
- Winkler Jonathan

#### News from Children Found Nadjeschda

#### Nadjeschda Presentations by Karla Maria Schaelike

Each year Karla-Maria takes weeks out of her busy schedule from her work for Nadjeschda. As in years past, she intents to visit organizations and groups of friends interested to learn about Nadjeschda. The weeks spend in Germany, Austria and Switzerland widened the circle of friends and supporters for Nadjeschda. Making new friends and reviving old connection has been a lifeline for Nadjeschda. Pledges and gifts resulting frequently at Karla-Marias presentations provide significant financial support for the operation and programs as well as the ability to finance capital projects. Karla Maria will give talks about Kyrgyzstan, Nadjeschda and related projects in the February and march 2015. Any leads to venues and help to organize these future presentations are most appreciated. Responses can be directed to Igor Schaelike at <a href="mailto:info@nadjeschda.org">info@nadjeschda.org</a>

#### Nadjeschda Board Meeting

March 28<sup>th</sup> during Karla-Maria visit to Germany will be the next date for the yearly full board meeting of Kinderfont Nadjeschda. The meeting will take place in Stuttgart. Following the board meeting will be a presentation by karla-Maria open to the public. Details can be found by contacting: geschaeftsstelle@nadjeschda.org

The Board of the Foundation Nadjeschda expresses the deep gratitude that all funds donations and other contribution find their way to Nadjeschda without any administrative expenses. Dedicated volunteers handle the transactions. All donations received find there way to Nadjeschda at full value of the donations made. Instrumental for the integrity and effectiveness of this process has been Lothar Fritsche the brother of Karla Maria Schaelike. He can be reached for questions comments and suggestions at Lothar Fritzsche geschaeftsstelle@nadjeschda.org, Goethestraße 12 - 78112 St. Georgen.



#### **ACCOUNT INFORMATION**

#### In Germany

Förderverein Kinderfond
Nadjeschda e.V.
Kreissparkasse
Tuttlingen

BIC SOLA DE S1 TUT
IBAN: DE71643500700000
107099

#### In USA

Nadjeschda is able to receive donations in the USA by cash, check or check credit card through The Rudolf Steiner Foundation (RSF Social Finance) in San Francisco, CA 94129

Check: Payable to RSF Social Finance with Nadjeschda/Umut in the memo line.
Credit Card: http://rsfsocialfinance.org/services/giving/donate-now/-select Freunde as the project and put Nadjeschda in the description field

#### In USA

Rudolf Steiner Foundation
Social Finance

Attn. Catherine Covington 1002 O'Reilly Ave.

San Francisco CA 94129

Account Nadjeschda

Direct: 415/561-6151 Main: 415/561-3900

Fax: 415/561-3919

www.rsfsocialfinance.org

#### CONTACTS

# Germany: Förderverein Kinderfond Nadjeschda e.V.

Goethestraße 12
78112 St. Georgen
Telefon 07724/2902
Telefax 0322/23766947
geschaeftsstelle@nadjeschda.org



#### Kyrgyzstan: Igor I. Schälike

ul.Waldaiskaja 37, 720047 Bischkek, Kyrgyzstan– GUS

Tel.\ Fax: + 996 312 49-19-55 Fax\AB: +49(0) 32 12 79 85 710

Mobil: +996 705 79-85-71

E-mail: info@nadjeschda.org Internet: www.nadjeschda.org